

AUGUST 2010

HAYWOOD COUNTY ALTERNATIVE LEARNING CENTER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Breakfast				
2 ct. Toaster Pastries 100 % Juice/ Milk	Cereal -- French Twist 100 % Juice/ Milk	Cereal – Muffin Loaf 100 % Juice/ Milk	2 ct. Toaster Pastries 100 % Juice/ Milk	Super Bakery Mini Doughnuts 100% Juice/ Milk
9 Beef & Cheese Ravioli – Roll Whole Kernel Corn/Green Beans Milk	10 Chili Cheese Wrap Potato Wedge Fries/ Fresh Apple Milk	11 Corn Dog Whipped Potatoes/ Green Peas Milk	12 Cheeseburger on Bun Baked Beans/ Orange Wedges Milk	13 Cheese Pizza Baby Carroteenies w/ Ranch Dip Pineapple Tidbits Milk
16 Grilled Chicken Fillet / Bun Spiral Cut Fries/ Chilled Peaches Milk	17 Pepperoni Pizza Slice Whole Kernel Corn Orange Wedges Milk	18 Ham & Cheese on Croissant Frito Corn Chips Baby Carroteenies w/ Ranch Dip Ripe Banana Milk	19 Breaded Fish Nuggets - Roll Green Beans/ Frozen Strawberries Milk	20 Baked Chicken Nuggets – Roll Whipped Potatoes/ Fresh Apple Milk Variety
23 Cheese Pizza Cooked Carrots/ Pineapple Tidbits Milk	24 Chicken Fajita Wrap -- Frito Corn Chips Whole Kernel Corn/ Fresh Grapes Milk	25 Spaghetti w/ Meat Sauce – Roll Green Beans/ Orange Wedges Milk	26 Sliced Baked Ham – Roll Whipped Potatoes/ Chilled Peaches Milk	27 Hamburger/ Bun Crinkle Cut Fries/ Fresh Apple Milk
30 Sliced Pork Roast - Roll Green Beans/ Whole Kernel Corn Milk	31 Mexican Fiestada Diced Tomatoes/ Shredded Lettuce Baked Cinnamon Apples Milk	Student Breakfast \$1.00 or \$.30... Student Lunch \$1.75 or \$.40 ... Free Meals available. Adult Breakfast \$1.50....Adult Staff Lunch \$2.50 Adult Visitor Lunch \$ 3.50 Menu Subject to Change		

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