

# AUGUST 2010

# HAYWOOD HIGH SCHOOL

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast</b> Cereal Variety-Morning Pastries Super Bakery Mini-Doughnuts Hot Breakfast Sandwich 100 % Juice/ Milk	<b>Breakfast</b> Cereal Variety- Morning Pastries Belgian Waffle Sticks Hot Breakfast Sandwich 100 % Juice/ Milk	<b>Breakfast</b> Cereal Variety – Morning Pastries Breakfast Pizza Hot Breakfast Sandwich 100 % Juice/ Milk	<b>Breakfast</b> Cereal Variety-Morning Pastries Hot Breakfast Sandwich 100 % Juice/ Milk	<b>Breakfast</b> Cereal Variety- Morning Pastries French Toast Sticks Hot Breakfast Sandwich 100% Juice/ Milk
<b>9</b> Baked Chicken Nuggets – Roll Or Beef & Cheese Ravioli Hamburger/Bun Or Pizza Slice  Whole Kernel Corn/Green Beans Fruited Sherbet/ French Fries 100 % Juice/ Milk Variety	<b>10</b> Ham & Cheese on Bun Or Chili Cheese Wrap Hamburger /Bun Or Chicken Sandwich  Potato Wedge Fries/ Trimmings Fresh Apple 100 % Juice/ Milk Variety	<b>11</b> Turkey & Gravy – Roll Or Hamburger/ Bun Or Corn Dog  Whipped Potatoes/ Green Peas French Fries/ Trimmings 100 % Juice/ Milk Variety Chocolate Chip Cookie “Treat”	<b>12</b> Cheeseburger on Bun Or Chopped BBQ Sandwich on Bun Or Fish Sandwich on Bun  Baked Beans/ French Fries/ Trimmings 100 % Juice/ Orange Wedges Milk Variety	<b>13</b> Deli-Made Sandwich Or Hamburger/Bun Or Pizza Slice  Baby Carroteenies w/Ranch Dip 100 % Juice/ French Fries/ Trimmings Pineapple Tidbits Milk Variety
<b>16</b> Hot Dog / Bun Or Grilled Chicken Fillet w/ Bun Or Pizza Slice  Spiral Cut Fries/ Trimmings Chilled Peaches 100 % Juice/ Milk Variety	<b>17</b> Turkey Tetrizzini – Roll Or Hamburger/Bun Or Chicken Sandwich Or Pizza Slice  Green Peas/ Whole Kernel Corn French Fries/Orange Wedges 100 % Juice/ Milk Variety	<b>18</b> Turkey Deli Wrap - Or Or Ham & Cheese On Croissant Roll Frito Corn Chips Or Hamburger/Bun Or Corn Dog  Baby Carroteenies w/ Ranch Dip French Fries/ Ripe Banana 100 % Juice Milk Variety	<b>19</b> Beef & Cheese Ravioli – Roll Or Breaded Fish Nuggets Or Hamburger w/ Bun  Green Beans/ Frozen Strawberries Trimmings/ French Fries 100 % Juice/ Milk Variety	<b>20</b> Sliced Baked Ham Or Baked Chicken Nuggets - Roll Or Hamburger w/ Bun Or Pizza Slice  Whipped Potatoes/Lima Beans French Fries/ Trimmings/ Fresh Apple 100 % Juice/ Milk Variety
<b>23</b> Pizza Slice Or Corn Dog Or Manager’s Choice Entrée Or Hamburger w/ Bun  Cooked Carrots/ Pineapple Tidbits French Fries/Trimmings 100 % Juice Milk Variety	<b>24</b> Chicken Fajita Wrap Or Beef Tacos Or Chicken Sandwich Or Hamburger w/ Bun  Whole Kernel Corn/ Fresh Grapes Trimmings/ French Fries 100 % Juice/ Milk Variety	<b>25</b> Spaghetti w/ Meat Sauce Or Breaded Chicken Patty - Roll Hamburger w/ Bun or Hot Dog w/ Bun  Green Beans/ Orange Wedges French Fries/ Trimmings 100 % Juice/ Milk Variety	<b>26</b> Barbequed Grilled Chicken Or Sliced Baked Ham -- Roll Hamburger w/ Bun Or Fish Sandwich  Whipped Potatoes/ Green Peas French Fries/ Chilled Peaches 100 % Juice/ Milk Variety	<b>27</b> Hamburger/ Bun Or Deli Hoagie Or Pepperoni Pizza  Crinkle Cut Fries/ Baked Beans Trimmings/ Fresh Apple 100 % Juice/ Milk Variety
<b>30</b> Toasted Cheese Sandwich Or Sliced Pork Roast -- Roll Or Hamburger/Bun Or Pizza Slice  Green Beans/ Whole Kernel Corn French fries/ Fruited Sherbet 100 % Juice/ Milk Variety	<b>31</b> Mexican Fiestada Or Ham & Cheese on Croissant Roll Or Hamburger or Breaded Chicken/Bun  Diced Tomatoes/ Shredded Lettuce French Fries/ Baked Cinnamon Apples Snickerdoodle Cookie “treat” 100 % Juice/ Milk Variety	Student Breakfast are \$1.00 or \$.30....Student Lunch \$1.75 or \$.40... free meals are available. Adult Breakfast \$1.50, Adult Staff Lunch \$2.50 Adult Visitor Lunch \$ 3.50 Menu Subject to Change Whole Grains and Fresh Fruits and/or Vegetables offered at least three times per week. 1 % Milk flavored and unflavored, skim, offered daily Menu days that offer treats will only be served with receipt of a complete meal tray.  Smart Choice Line Menu---offered daily		

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