

SEPTEMBER 2010

HAYWOOD COUNTY SCHOOLS (GRADES 1-6)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>Breakfast</u> Cereal Variety – Toaster Pastry Super Bakery Mini- Doughnuts 100 % Juice/ Cold Milk</p>	<p><u>Breakfast</u> Cereal Variety – French Twist Belgian Waffle Sticks 100 % Juice/ Cold Milk</p>	<p><u>Breakfast</u> Cereal Variety – Muffin Loaf Breakfast Pizza 100 % Juice/ Cold Milk</p>	<p><u>Breakfast</u> Cereal Variety – Toaster Pastry Sausage & Biscuit 100 % Juice/ Cold Milk</p>	<p><u>Breakfast</u> Cereal Variety – Cereal Breakfast Bar French Toast Sticks 100 % Juice/ Cold Milk</p>
		<p>1 Baked Chicken Nuggets Or Beef Ravioli – Wheat Roll Whole Kernel Corn/ Green Beans 100 % Juice/ Fruited Sherbet Milk Variety</p>	<p>2 Ham & Cheese on Bun Or The Max’ Chili Cheese Wrap Fresh Broccoli Florets/ Fresh Apple 100% Juice Milk Variety</p>	<p>3 Turkey & Gravy – Wheat Roll Or Whole Grain Corn Dog Cooked Carrots / Green Peas 100 % Juice Milk Variety Chocolate Chip Cookie “TREAT”</p>
<p>6 LABOR DAY HOLIDAY!</p>	<p>7 Salisbury Steak & Gravy Or Breaded Chicken Nuggets –Wheat Roll Whipped Potatoes/ Fruit Cocktail 100 % Juice Milk Variety</p>	<p>8 Cheeseburger on Bun Or Chopped BBQ Sandwich on Bun Baked Beans/ Tater Tots 100 % Juice/ Orange Wedges Milk Variety</p>	<p>9 Whole Grain Cheese Pizza Or Deli-Made Sandwich Baby Carroteenies w/ Ranch Dip 100% Juice/ Pineapple Tidbits Milk Variety</p>	<p>10 Grilled Chicken Fillet Or Hot Dog on Bun Spiral Cut Fries/ Chilled Peaches 100 % Juice Milk Variety CELEBRATE MONTHLY BIRTHDAYS</p>
<p>13 Turkey Tetrizzini - Wheat Roll Or Whole Grain Pepperoni Pizza Green Peas/ Whole Kernel Corn 100 % Juice/ Orange Wedges Milk Variety</p>	<p>14 Turkey & Cheese Wrap Or Ham & Cheese on Croissant Roll Frito Corn Chips Baby Carroteenies w/ Ranch Dip Ripe Banana/ 100 % Juice Milk Variety</p>	<p>15 Beef Ravioli Or Breaded Fish Nuggets – Wheat Roll Green Beans/ Frozen Strawberries 100% Juice Milk Variety</p>	<p>16 Sliced Baked Ham Or Baked Chicken Nuggets – Wheat Roll Whipped Potatoes/ Fresh Apple 100 % Juice Milk Variety</p>	<p>17 Whole Grain Cheese Pizza Or Whole Grain Corn Dog Baby Lima Beans/ Pineapple Tidbits 100 % Juice Milk Variety</p>
<p>20 Breaded Chicken Patty Or Spaghetti w/ Meat Sauce -- Roll Green Beans/ Orange Wedges 100 % Juice Milk Variety</p>	<p>21 Hot Dog w/ Bun Or Chicken Fajita Wrap– Frito Corn Chips Whole Kernel Corn/ Fresh Grapes 100 % Juice Milk Variety</p>	<p>22 Barbequed Grilled Chicken Or Sliced Baked Ham - Wheat Roll Whipped Potatoes/ Green Peas Chilled Peaches/ 100 % Juice Milk Variety</p>	<p>23 Hamburger on Bun Or Deli Hoagie Sandwich Crinkle Cut Fries/ Baked Beans Fresh Apple/ 100 % Juice Milk Variety</p>	<p>24 Toasted Cheese Sandwich Or Sliced Pork Roast – Wheat Roll Black-eyed Peas/ Whole Kernel Corn Tater Tots/ Pickle Spear 100 % Juice/ Fruited Sherbet Milk Variety</p>
<p>27 Students do not attend. No meals will be served.</p>	<p>28 Baked Chicken Nuggets Or Beef Ravioli – Wheat Roll Whole Kernel Corn/ Green Beans 100 % Juice/ Fruited Sherbet Milk Variety</p>	<p>29 Ham & Cheese On Bun Or The Max’ Chili & Cheese Wrap Fresh Broccoli Florets/ Fresh Apple 100 % Juice Milk Variety</p>	<p>30 Turkey & Gravy – Wheat Roll Or Whole Grain Corn Dog Cooked Carrots/ Green Peas 100 % Juice Milk Variety Chocolate Chip Cookie “TREAT”</p>	
<p>Whole Grains, Fresh Fruits & Vegetables, offered at least three times per week. Students Eat FreeAdult Breakfast \$1.50....Adult Staff Lunch \$ 2.50....Adult Visitor Lunch \$ 3.50 Menu Days that offer treats will only be served with the receipt of a complete meal tray. MENU SUBJECT TO CHANGE</p>				

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