

SEPTEMBER 2010

HAYWOOD HIGH SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>Breakfast Cereal Variety – Toaster Pastry Super Bakery Mini- Doughnuts Hot Breakfast Sandwiches 100 % Juice/ Milk</p>	<p>Breakfast Cereal Variety – French Twist Belgian Waffle Sticks Hot Breakfast Sandwiches 100 % Juice/ Milk</p>	<p>Breakfast Cereal Variety – Muffin Loaf Breakfast Pizza Hot Breakfast Sandwiches 100 % Juice/ Milk</p>	<p>Breakfast Cereal Variety – Toaster Pastry Hot Breakfast Sandwich Variety 100 % Juice/ Milk</p>	<p>Breakfast Cereal Variety – Cereal Breakfast Bar French Toast Sticks Hot Breakfast Sandwiches 100 % Juice/ Milk</p>
<p>In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call 800-795-3272 or 202-720-6382 (TTY). USDA is an equal opportunity provider and employer.”</p> <p>Student Breakfast: \$1.00 Student Lunch: \$1.75 (free and reduced meals available) Adult Breakfast: \$1.50 Adult Lunch: \$2.50 Staff/ \$3.50 Adult Visitor MENU SUBJECT TO CHANGE</p>				
<p>6 LABOR DAY HOLIDAY!</p>	<p>7 Salisbury Steak & Gravy Or Breaded Chicken Nuggets – Roll Or Hamburger/Bun or Pizza Slice Whipped Potatoes/ Fruit Cocktail French Fries/ 100 % Juice Milk Variety</p>	<p>8 Cheeseburger on Bun Or Chopped BBQ Sandwich on Bun Or Chef Salad Entrée - Crackers Or Hot Dog on Bun Baked Beans/ Tater Tots 100 % Juice/ Orange Wedges Milk Variety</p>	<p>9 Whole Grain Cheese Pizza Or Deli-Made Sandwich Or Chef Salad Entrée – Crackers Or Hamburger or Breaded Chicken- Bun French Fries/ Baby Carroteenies - Dip 100% Juice/ Pineapple Tidbits Milk Variety</p>	<p>10 Grilled Chicken Fillet Or Hot Dog on Bun Or Chef Salad Entrée – Crackers Or Hamburger/Bun Spiral Cut Fries/ Chilled Peaches 100 % Juice Milk Variety</p>
<p>13 Turkey Tetrizzini - Wheat Roll Or Whole Grain Pepperoni Pizza Or Hamburger or Fish Sandwich/Bun Green Peas/ Whole Kernel Corn 100 % Juice/ French Fries Orange Wedges Milk Variety</p>	<p>14 Turkey & Cheese Wrap Or Ham & Cheese on Croissant–Fritos Or Chef Salad Entrée – Crackers Hamburger on Bun Or Pizza Slice Baby Carroteenies – Dip/ Ripe Banana French Fries/100 % Juice Milk Variety</p>	<p>15 Beef Ravioli Or Breaded Fish Nuggets – Wheat Roll Or Chef Salad Entrée – Crackers Or Hamburger or Chicken w/ Bun Green Beans/ Frozen Strawberries French Fries/ 100% Juice Milk Variety</p>	<p>16 Sliced Baked Ham Or Baked Chicken Nuggets – Wheat Roll Or Chef Salad Entrée – Crackers Or Hamburger w/ Bun Whipped Potatoes/ Fresh Apple French Fries/ 100 % Juice Milk Variety</p>	<p>17 Whole Grain Cheese Pizza Or Whole Grain Corn Dog Or Chef Salad Entrée – Crackers Or Hamburger w/ Bun Baby Lima Beans/ Pineapple Tidbits French Fries/ 100 % Juice Milk Variety</p>
<p>20 Breaded Chicken Patty Or Spaghetti w/ Meat Sauce – Roll Or Hamburger w/ Bun Green Beans/ Orange Wedges French Fries/ 100 % Juice Milk Variety</p>	<p>21 Hot Dog w/ Bun Or Chicken Fajita Wrap– Frito Corn Chips Or Chef Salad Entrée – Crackers Or Hamburger w/ Bun Whole Kernel Corn/ Fresh Grapes French Fries/ 100 % Juice Milk Variety</p>	<p>22 Barbequed Grilled Chicken Or Sliced Baked Ham - Wheat Roll Or Chef Salad Entrée—Crackers Or Hamburger w/ Bun Whipped Potatoes/ Green Peas French Fries/ Chilled Peaches 100 % Juice Milk Variety</p>	<p>23 Hamburger on Bun Or Deli Hoagie Sandwich Or Chef Salad Entrée – Crackers Or Pizza Slice French Fries/ Baked Beans Fresh Apple/ 100 % Juice Milk Variety</p>	<p>24 Toasted Cheese Sandwich Or Sliced Pork Roast – Wheat Roll Or Chef Salad Entrée – Crackers Or Hamburger w/ Bun Black-eyed Peas/ Whole Kernel Corn 100 % Juice/ Tater Tots/ Pickle Spear Fruited Sherbet Milk Variety</p>
<p>27 Students do not attend. No meals will be served.</p>	<p>28 Baked Chicken Nuggets Or Beef Ravioli – Wheat Roll Or Chef Salad Entrée – Crackers Or Hamburger/ Bun Whole Kernel Corn/ Green Beans 100 % Juice/ French Fries Fruited Sherbet Milk Variety</p>	<p>29 Ham & Cheese On Bun Or The Max’ Chili & Cheese Wrap Or Chef Salad Entrée – Crackers Or Hamburger on Bun Fresh Broccoli Florets/ Fresh Apple French Fries/ 100 % Juice Milk Variety</p>	<p>30 Turkey & Gravy – Wheat Roll Or Whole Grain Corn Dog Or Chef Salad Entrée – Crackers Or Hamburger or Breaded Chicken w/Bun Cooked Carrots/ Green Peas French Fries/ 100 % Juice Milk Variety Chocolate Chip Cookie “TREAT”</p>	

