

APRIL 2008
MONDAY

TUESDAY

HAYWOOD COUNTY HEAD START MENU
WEDNESDAY

THURSDAY

FRIDAY

<i>Milk provided at center</i>					
LUNCH MENU >>>>>	1 Chicken Nuggets Mashed Potatoes/ Steamed Broccoli Red Delicious Apple Wheat Roll Cold Milk	2 SOUP & SANDWICH Toasted Cheese Sandwich Vegetable Soup – Saltine Crackers Carrot Sticks –Ranch Dip Chilled Pineapple Tidbits Cold Milk	3 Sliced Turkey & Gravy – Roll Lima Beans/ Sweet Potatoes Chilled Pear Halves Cold Milk	4 Macaroni & Cheese w/Diced Ham Green Peas/ Whole Kernel Corn Wheat Ranch Roll Fresh Orange Wedges Cold Milk	
	7 Chicken Fajitas w/ Flour Tortilla Refried Beans Chilled Peaches Cold Milk	8 Ravioli Casserole—Roll Cooked Carrots/ Green Beans Fresh Banana Cold Milk	9 Chili & Beans—Crackers Baked Potato/ Steamed Broccoli Chilled Pineapple Cold Milk	10 Spaghetti & Meat Sauce—Roll Creamy Coleslaw/Green Peas Fresh Orange Wedges Cold Milk	11 Nachos with Ground Beef Pinto Beans/ Whole Kernel Corn Cinnamon Apples Cold Milk
14 Grilled Chicken – Roll Lima Beans/ Cooked Carrots Chilled Pineapple Cold Milk	15 Chicken Tetrizzini—Roll Green Peas/ Sweet Potatoes Red Delicious Apple Cold Milk	16 Baked Ham—Yeast Roll Scalloped Potatoes/ Black-eyed Peas Sliced Frozen Strawberries Cold Milk	17 Sliced Turkey & Gravy - Roll Whole Kernel Corn Fresh Orange Wedges Cold Milk	18 SACK LUNCH Ham & Cheese Sandwich on Wheat Bread Fresh Cauliflower & Celery Sticks w/ Dip Individual Box of Raisins Cookie Treat Cold Milk	
21 Breaded Chicken Patty-Bun Cheesy Broccoli/ Chilled Peaches Cold Milk	22 Cheese Pizza Slice Corn on the Cob/ Green Peas Fresh Banana Cold Milk	23 BRUNCH LUNCH Pancakes w/ Syrup – Sliced Ham Hash Browns/ Red Grape Clusters Cold Milk	24 Oven Fried Chicken—Roll Cooked Carrots/ Mashed Potatoes Chilled Pineapple Cold Milk	25 Fried Fish Nuggets-Cornbread Oven Fries/ White Beans/ Turnip Greens Chilled Fruit Cocktail Cold Milk	
28 Hamburger on Bun Potato Smiles Applesauce Cold Milk	29 Spaghetti & Meat Sauce—Crackers Whole Kernel Corn/ Green Beans Chilled Peaches Cold Milk	30 Sweet & Sour Chicken—White Rice Green Peas/ Chilled Pineapple Cold Milk			

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