

MARCH 2010

HAYWOOD COUNTY SCHOOLS (HHS)

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
BREAKFAST Cereal Variety -Toaster Pastry - Cereal Bar Super Bakery Mini Doughnuts Variety Hot Breakfast Sandwich Variety 100 % Juice / Milk Variety		BREAKFAST Cereal Variety - Muffin Loaf - Toaster Pastry Belgian Waffle Sticks-Syrup Hot Breakfast Sandwich Variety 100 % Juice/ Milk Variety		BREAKFAST Cereal Variety - French Twist -Toaster Pastry <i>Kellogg's</i> Cinnamon Bun Hot Breakfast Sandwich Variety 100% Juice/ Milk Variety		BREAKFAST Cereal Variety- Muffin Loaf- Toaster Pastry Breakfast Pizza Hot Breakfast Sandwich Variety 100% Juice/ Milk Variety		BREAKFAST Cereal Variety-Toaster Pastry- French Twist Snackin' Waffles Variety Hot Breakfast Sandwich Variety 100 % Juice/ Milk Variety	
1 Toasted Cheese Sandwich Or Deli Turkey & Cheese Wrap Or Hamburger - Bun Tater Tots Red Delicious Apple/ 100 % Juice Milk Variety		2 Hot Dog- Bun Or Hamburger-Bun Sliced Baked Ham – Roll Green Peas/ French Fries Chilled Peaches/ 100 % Juice Milk Variety		3 Hamburger Or BBQ- Bun Or Deli Ham & Cheese on Hoagie Roll Baked Beans/Tater Tots Fresh Orange Wedges/ 100% Juice Milk Variety		4 Baked Chicken Nuggets Or Turkey & Noodles – Roll Or Hamburger- Bun Green Beans/ French Fries Chilled Canned Fruit/ 100% Juice Milk Variety		5 Cheese Pizza Slice Or Turkey Salad – Saltine Crackers Or Hamburger-Bun Carrot & Celery Sticks w/ Ranch Dip Pineapple Tidbits/ Tater Tots 100 % Juice/ Milk Variety	
8 BBQ - Bun Or Toasted Ham & Cheese Sandwich Or Hamburger - Bun Baked Beans/ French Fries Luigi's Fruited Sherbet/ 100% Juice Milk Variety		9 Pepperoni Pizza Or Deli Turkey & Cheese on Hoagie Bun Or Hamburger - Bun Fresh Broccoli w/ Dip/ Tater Tots Baked Cinnamon Apples/ 100% Juice Milk Variety		10 Fish Fillet on Bun Or Spaghetti w/ Meat Sauce – Roll Or Hamburger --Bun Lima Beans/ French Fries Ripe Banana / 100% Juice Milk Variety		11 Sliced Turkey Roast w/ Gravy – Roll Or Breaded Chicken Patty – Bun Or Hamburger-Bun Whipped Potatoes/ Tater Tots Chilled Peaches 100% Juice/ Milk Variety		12 Corn Dog Or Sliced Baked Ham – Roll Or Hamburger- Bun Green Beans/ French Fries Fresh Orange Wedges/ 100 % Juice Milk Variety	
15 Toasted Cheese Sandwich Or Deli Turkey & Cheese Wrap Or Hamburger-Bun Tater Tots Red Delicious Apple/ 100% Juice Milk Variety		16 Hot Dog – Bun or Hamburger-Bun Or Sliced Baked Ham- Roll Green Peas/ French Fries Chilled Peaches/ 100 % Juice Milk Variety		17 Hamburger Or BBQ – Bun Or Deli Ham & Cheese on Hoagie Roll Baked Beans/ Tater Tots Fresh Orange Wedges/ 100% Juice Milk Variety		18 Baked Chicken Nuggets Or Turkey & Noodles – Roll Or Hamburger – Bun Green Beans/ French Fries Chilled Canned Fruit / 100% Juice Milk Variety		19 Cheese Pizza Or Turkey Salad – Saltine Crackers Or Hamburger - Bun Carrot & Celery Sticks w/ Dip Pineapple Tidbits/ French Fries 100 % Juice / Milk Variety	
22 BBQ - Bun Or Hamburger-Bun Toasted Ham & Cheese Sandwich Baked Beans/ French Fries Luigi's Fruited Sherbet/ 100% Juice Milk Variety		23 Pepperoni Pizza Or Hamburger-Bun Deli Turkey & Cheese on Hoagie Bun Fresh Broccoli w/ Dip/ Tater Tots Baked Cinnamon Apples/ 100% Juice Milk Variety		24 Breaded Fish Fillet on Bun Or Hamburger- Bun Spaghetti w/ Meat Sauce – Roll Lima Beans/ French Fries/Ripe Banana 100% Juice Milk Variety "Celebrate Monthly Birthdays" TREAT!		25 Sliced Turkey Roast – Gravy/ Roll Or Breaded Chicken Patty – Bun Or Hamburger- Bun Whipped Potatoes/ Tater Tots Chilled Peaches/ / 100% Juice Milk Variety		26 Corn Dog Or Hamburger-Bun Sliced Baked Ham – Roll Green Beans/ French Fries Fresh Orange Wedges/ 100 % Juice Milk Variety	
29 Toasted Cheese Sandwich Or Hamburger- Bun Or Deli Turkey & Cheese Wrap Tater Tots/ Red Delicious Apple 100 % Juice Milk Variety		30 Hot Dog- Bun Or Hamburger- Bun Sliced Baked Ham-Roll Green Peas/ French Fries Chilled Peaches/ 100 % Juice Milk Variety		31 Hamburger Or BBQ - Bun Or Deli Ham & Cheese on Hoagie Roll Baked Beans/ Tater Tots Fresh Orange Wedges/ 100% Juice Milk Variety		MENU SUBJECT TO CHANGE Student lunch meals \$1.75 or \$.40—free meals are available. Student breakfast meals \$1.00 or \$.30 – free meals are available. Adult Staff \$2.50 / Adult Visitors \$ 3.50 – Lunch Adult \$ 1.50 Breakfast			

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