

MARCH 2010

HAYWOOD COUNTY SCHOOLS (JUNIOR HIGH)

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
BREAKFAST Cereal Variety-Toaster Pastry – Cereal Bar Super Bakery Mini Doughnuts Hot Breakfast Sandwich Variety 100 % Juice/ Milk Variety		BREAKFAST Cereal Variety -Muffin Loaf – Toaster Pastry Belgian Waffle Sticks – Syrup Hot Breakfast Sandwich Variety 100 % Juice/ Milk Variety		BREAKFAST Cereal Variety-French Twist–Toaster Pastry <i>Kellogg's</i> Cinnamon Bun Hot Breakfast Sandwich Variety 100 % Juice/ Milk Variety		BREAKFAST Cereal Variety- Muffin Loaf- Toaster Pastry Breakfast Pizza Hot Breakfast Sandwich Variety 100% Juice/ Milk Variety		BREAKFAST Cereal Variety–Toaster Pastry– French Twist Snackin' Waffles Variety Hot Breakfast Sandwich Variety 100% Juice/ Milk Variety	
1 Toasted Cheese Sandwich Or Deli Turkey & Cheese Wrap Tater Tots Red Delicious Apple/ 100 % Juice Milk Variety	2 Hot Dog- Bun Or Sliced Baked Ham – Roll Green Peas/ French Fries Chilled Peaches/ 100 % Juice Milk Variety	3 BBQ- Bun Or Hamburger + Trimmings --Bun Baked Beans/ Tater Tots Fresh Orange Wedges/ 100% Juice Milk Variety	4 Chicken Nuggets Or Turkey & Noodles – Roll Green Beans Chilled Canned Fruit/ 100% Juice Milk Variety	5 Cheese Pizza Slice Or Turkey Salad – Saltine Crackers Or Hamburger-Bun Carrot & Celery Sticks w/ Ranch Dip Pineapple Tidbits 100 % Juice/ Milk Variety					
8 BBQ - Bun Or Or Hamburger - Bun Baked Beans/ French Fries Luigi's Fruited Sherbet/ 100% Juice Milk Variety	9 Pepperoni Pizza Or Deli Turkey & Cheese on Hoagie Bun Fresh Broccoli w/ Dip/ Tater Tots Baked Cinnamon Apples/ 100% Juice Milk Variety	10 Spaghetti w/ Meat Sauce – Roll Or Hamburger – Bun Lima Beans/ French Fries Ripe Banana / 100% Juice Milk Variety	11 Sliced Turkey Roast w/ Gravy – Roll Or Breaded Chicken Patty – Bun Whipped Potatoes Chilled Peaches/ 100% Juice Milk Variety	12 Corn Dog Or Sliced Baked Ham – Roll Green Beans Fresh Orange Wedges/ 100 % Juice Milk Variety					
15 Deli Turkey & Cheese Wrap Or Toasted Cheese Sandwich Tater Tots Red Delicious Apple/ 100% Juice Milk Variety	16 Hot Dog – Bun Or Sliced Baked Ham- Roll Green Peas/ French Fries Chilled Peaches/ 100 % Juice Milk Variety	17 BBQ – Bun Or Deli Ham & Cheese on Hoagie Roll Baked Beans/ Tater Tots Fresh Orange Wedges/ 100% Juice Milk Variety	18 Chicken Nuggets – Roll Or Turkey & Noodles - Roll Green Beans Chilled Canned Fruit/ 100% Juice Milk Variety	19 Cheese Pizza Or Turkey Salad – Saltine Crackers Or Hamburger - Bun Carrot & Celery Sticks w/ Dip Pineapple Tidbits 100 % Juice / Milk Variety					
22 BBQ - Bun Or Hamburger-Bun Toasted Ham & Cheese Sandwich Baked Beans/ French Fries Luigi's Fruited Sherbet/ 100% Juice Milk Variety	23 Pepperoni Pizza Or Hamburger-Bun Deli Turkey & Cheese on Hoagie Bun Fresh Broccoli w/ Dip/ Tater Tots Baked Cinnamon Apples/ 100% Juice Milk Variety	24 Breaded Fish Fillet on Bun Or Hamburger- Bun Spaghetti w/ Meat Sauce – Roll Lima Beans/ French Fries Ripe Banana/ 100% Juice Milk Variety “Celebrate Monthly Birthdays” TREAT!	25 Sliced Turkey Roast w/ Gravy-Roll Or Chicken Patty-Bun Whipped Potatoes Chilled Peaches/ 100% Juice Milk Variety	26 Corn Dog Or Hamburger-Bun Sliced Baked Ham – Roll Green Beans Fresh Orange Wedges/ 100 % Juice Milk Variety					
29 Hamburger- Bun Or Deli Turkey & Cheese Wrap Tater Tots/ Red Delicious Apple 100 % Juice Milk Variety	30 Hot Dog- Bun Or Sliced Baked Ham-Roll Green Peas/ French Fries Chilled Peaches/ 100 % Juice Milk Variety	31 Hamburger + Trimmings Or BBQ - Bun Baked Beans/ Tater Tots Fresh Orange Wedges/ 100% Juice Milk Variety	MENU SUBJECT TO CHANGE Student breakfast meals -- free Student lunch meals \$1.75 or \$.40—free meals are available. Staff Lunch \$2.50/ Visitors \$3.50 Adult Breakfast \$ 1.50						

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