

MARCH 2010

HAYWOOD COUNTY SCHOOLS (GRADES 1-6)

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
BREAKFAST Cereal Variety-Toaster Pastry Super Bakery Mini Doughnuts 100% Juice/ Milk Variety		BREAKFAST Cereal Variety- Muffin Loaf Belgian Waffle Sticks w/ Syrup 100 % Juice/ Milk Variety		BREAKFAST Cereal Variety- French Twist Sausage & Biscuit / Chicken & Biscuit 100 % Juice / Milk Variety		BREAKFAST Cereal Variety – Muffin Loaf Breakfast Pizza 100 % Juice/ Milk Variety		BREAKFAST Cereal Variety – Toaster Pastry Snackin' Waffles Variety 100 % Juice/ Milk Variety	
LUNCH		LUNCH		LUNCH		LUNCH		LUNCH	
1 Toasted Cheese Sandwich Or Deli Turkey & Cheese Wrap Tater Tots/ Red Delicious Apple 100 % Juice Milk Variety	2 Turkey Hot Dog- Bun Or Sliced Baked Ham – Wheat Roll Green Peas Chilled Peaches/ 100 % Juice Milk Variety	3 Hamburger -- Bun Or BBQ – Bun Baked Beans Fresh Orange Wedges/ 100% Juice Milk Variety	4 Baked Chicken Nuggets Or Turkey & Noodles – Wheat Roll Mashed Sweet Potatoes Green Beans/ Chilled Canned Fruit 100% Juice Milk Variety	5 Whole Grain Cheese Pizza Or Turkey Salad – Saltine Crackers Carrot & Celery Sticks w/ Ranch Dip Chilled Pineapple Tidbits/ 100 % Juice Milk Variety	8 BBQ - Bun Or Toasted Ham & Cheese Sandwich Baked Beans Luigi's Fruited Sherbet/ 100% Juice Milk Variety	9 Whole Grain Pepperoni Pizza Or Deli Turkey & Cheese on Hoagie Bun Fresh Broccoli w/ Ranch Dip Baked Cinnamon Apples/ 100% Juice Milk Variety	10 Breaded Fish Nuggets Or Spaghetti w/ Meat Sauce – Wheat Roll Baby Lima Beans/ Cole Slaw Ripe Banana / 100% Juice Milk Variety	11 Sliced Turkey Roast w/ Gravy Or Breaded Chicken Patty – Wheat Roll Whipped Potatoes Chilled Peaches/ 100% Juice Milk Variety	12 Whole Grain Corn Dog Or Sliced Baked Ham – Wheat Roll Seasoned Green Beans Fresh Orange Wedges/ 100 % Juice Milk Variety
15 Toasted Cheese Sandwich Or Deli Turkey & Cheese Wrap Tater Tots Red Delicious Apple/ 100% Juice Milk Variety	16 Turkey Hot Dog - Bun Sliced Baked Ham- Wheat Roll Green Peas Chilled Peaches/ 100 % Juice Milk Variety	17 Hamburger -- Bun Or BBQ – Bun Baked Beans Fresh Orange Wedges/ 100% Juice Milk Variety	18 Baked Chicken Nuggets Or Turkey & Noodles – Wheat Roll Mashed Sweet Potatoes Green Beans/ Chilled Canned Fruit 100% Juice Milk Variety	19 Whole Grain Cheese Pizza Or Turkey Salad – Saltine Crackers Carrot & Celery Sticks w/ Ranch Dip Chilled Pineapple Tidbits/ 100 % Juice Milk Variety	22 BBQ - Bun Or Toasted Ham & Cheese Sandwich Baked Beans Luigi's Fruited Sherbet/ 100% Juice Milk Variety	23 Whole Grain Pepperoni Pizza Or Deli Turkey & Cheese on Hoagie Bun Fresh Broccoli w/ Ranch Dip Baked Cinnamon Apples/ 100% Juice Milk Variety	24 Breaded Fish Nuggets Or Spaghetti w/ Meat Sauce – Wheat Roll Baby Lima Beans/ Cole Slaw Ripe Banana / 100% Juice Milk Variety "Celebrate Monthly Birthdays" TREAT!	25 Sliced Turkey Roast w/ Gravy Or Breaded Chicken Patty – Wheat Roll Whipped Potatoes Chilled Peaches/ 100% Juice Milk Variety	26 Whole Grain Corn Dog Or Sliced Baked Ham – Wheat Roll Seasoned Green Beans Fresh Orange Wedges/ 100 % Juice Milk Variety
29 Toasted Cheese Sandwich Or Deli Turkey & Cheese Wrap Tater Tots/ Red Delicious Apple 100 % Juice Milk Variety	30 Turkey Hot Dog- Bun Or Sliced Baked Ham- Wheat Roll Green Peas Chilled Peaches 100 % Juice Milk Variety	31 Hamburger –Bun Or BBQ – Bun Baked Beans/ Fresh Orange Wedges 100% Juice Milk Variety	MENU SUBJECT TO CHANGE 1 % chocolate flavored milk, skim milk and unflavored milk served daily. Whole Grains and fresh fruits and/or vegetables available 3 times per week. Adult Lunch -- \$2.50 / Adult Visitors \$ 3.50 / Adult Breakfast Student meals are free.						

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